



LIVING YOUR BEST LIFE
— ANIMAL COMMUNICATION —
Training and Mentoring Certificate Program

FAQ's

Some questions answered for you by Sandy...

Q: What are some of options for coaching with Sandy in the Living Your Best Life Coaching Programs?

You have two options. Both are 7 months in length. One option is the Group Coaching called Living Your Best Life 'Animal Communication' Training and Mentoring Certificate Program where you have group calls, trainings, Virtual Retreat Trainings, AND you have some one-to-one personal coaching time with Sandy.

The second option is Private one-to-one Coaching that combines private session calls with Sandy, AND, you have full access and participation in the entire Group Training and Mentorship Certificate Program as well. The Private Coaching also includes email access, VIP days, the entire Training Series of Manuals and CD's, etc. See details of both programs and options in the Program Details sheet.

Q: This program sounds great, but I think I want to start by implementing all of the information I learned here at the Awaken Event on my own first...

In my experience coaching in Animal Communication, Holistic Animal Care, Discovering Life Purpose, I find that when people are left to implement on their own they inevitably don't get very far. Especially with Animal Communication where clarity, grounding, validation and trusting information are so critical, and where bringing these creative, intuitive and psychic gifts with animals into the open light of day for all to see, especially in the world of business can be so scary. Alone, you may implement some of the pieces. But with the support of a strong coach answering all of your questions, giving step-by-step guidance, helping you through your 'stuck' places, and providing you with encouragement and accountability along with the amazing, safe and caring support of a group of peers who want you to succeed...your rate of being able to implement and find success increases exponentially.

When you do not have that support it is too easy to slip back into your old ways, therefore getting very slow or sometimes no results and often with much frustration. This is why I ALWAYS have a coach and mentor myself. I would not implement nearly as much or as fast if I didn't have that strong level of accountability in place in my own personal work or business.

Q: I'm in another coaching/healing/learning program right now. Should I wait until that one is done before applying to the Living Your Best Life Training and Mentoring Certificate Program?

Congratulations on getting that support! But please do not assume that you can get all that you need from a single program or person. I often participate in multiple programs at once. I do not think that working with one coach or mentor at a time is often sufficient.

Often the different mentors I work with have skills in different areas. Offline and online marketing, network marketing, product creation, professional supervision, healing, animal communication and healing skill development, mindset, personal growth, etc. Because of this, my access to resources and accountability is multiplied. And, I also take A LOT of action! This is the level of consistent support I always want for my own clients also because it leads to faster, more efficient progress and results. If you are not experiencing this type of support right now with your current mentors, then I highly recommend you join the Living Your Best Life Training and Mentoring Certificate Program so that you do not delay your progress and results any longer.

Q: I know I belong in the Living Your Best Life Training and Mentoring Certificate Program, but I'm not sure I can afford the tuition...

My own mentors have taught me that when an opportunity for growth is presented to you, it is important to evaluate it based on the specific results and value you will be receiving from it vs the cost. Am I evaluating out of a place of fear, or am I listening to my intuition and my soul's calling me forward? Am I looking at this as an investment in my self, my growth and my work? What if I was able to implement everything that I learned in this program, using the step-by-step methods, support, expert coaching and acceptability that are built into it, is it likely I will create the reality I desire? And if you are an entrepreneur wishing to use this program to further your service and work in the world, what if you asked yourself, "Will I make my investment back, and then some?" This is why I have invested so much in my own coaching and mentoring to date and why I am able to do ALL of the work in the world I am currently doing - including these programs!

My clients who implement this work in their professions, often report that coaching pays for itself in the form of new clients, new and improved work. And most people working with animals report changed and significantly deeper understanding with more empowered relationships with their animals. I have structured the curriculum and coaching to make sure you take consistent, fast action. However, if this investment is going to bring financial hardship to you or your family, then you may not be ready. However, if it is within your reach, then investing in yourself and your business is the best investment you could make, because you will be using what you learn the rest of your life and in your career. I have personally made huge financial stretches and taken a leap of faith into big new programs such as this - I have never, ever been sorry as I have always grown by leaps and bounds personally, financially and professionally.

Q: I want to apply now but I am not sure my spouse/partner will be ok with the investment...How do I get my spouse/partner to support me in my decision?

I know very well how important it is to have the support of a spouse or partner when it comes to investing in coaching and mentoring, and in business endeavors in general.

When a spouse isn't present when a coaching opportunity is presented, it can sometimes be difficult for them to see the immediate value in such an investment. They may wonder if this is just another distracting, bright and shiny object. I understand this! When sharing the opportunity if the Live Your Best Life Training and Mentoring Program with your spouse, be sure to let them know the specific components of the program, how it is different from other programs you've seen, the success stories and results that have come out of other's coaching experiences, and the background of the coach.

Review the materials with your spouse and know that when you explain what you'll get and what your return will be, it is much more likely that you will get their full support. Please also let your spouse/ partner know that they are invited to attend meetings for a small administrative fee for the year. This is optional, but can be very helpful.

Q: Where will the Virtual Events take place?

The virtual classes and training events will take place in several ways via tele seminar, webinar and live streaming. You will be given specific instructions with details prior to the events. A telephone and a computer with internet access are needed.

Q: How do Learning/Accountability Partners work in the Live Your Best Life Group Program? Will someone be assigned to me?

In the beginning of the program you will have an opportunity to select a Learning/ Accountability Partner from those in the group. It is completely up to you who you work with. I recommend you work with someone you feel a positive resonance with, as well as someone you will enjoy speaking to on a daily or regular basis so you can learn together and help hold each other accountable.

Q: How many members are in the Living Your Best Life Group Training and Mentoring Program?

The Living Your Best Life Training and Mentoring Program will include up to 30 people. The private coaching program however is limited to just 5 people. The private coaching program also have access to the Group Training Program to allow for networking and group support while still providing intimate attention and an environment that fosters close knit bonds. Rest assured, these programs have been created with your success in mind.

Q: I am more advanced in my Animal Communication and Work in the World...Or, I am just starting out...is this right for me?

No matter what stage you are in, just starting or more experienced, your success will always be determined by practicing, constantly evolving and upping your own work. Success is also directly related to the company you keep and who you choose as your mentor. It is so important to recognize that others have walked this road before you and you do not have to reinvent the wheel. Rather, you can learn from and with others who can guide you based on their own trials and successes. I have always had mentors and been part of programs so that i could learn from them and have the accountability I needed (and still need) to keep striving for higher levels of growth, depth and success.

The power of the Living Your Best Life Coaching Program, and groups in general, are in the tremendous support, guidance, accountability, mentorship, learning and teaching among the group members and the ongoing education and content you will receive from both the open Q&A calls and curriculum on animal communication, life purpose, intuition and psychic skill development. The content will benefit every member differently depending on you, your life, work and unique goals.

Additionally, the one-to-one coaching with me is designed to address the very unique individual needs of each group member. Remember, the Living Your Best Life Group Coaching does include 1:1 time with me. We take powerful tools and learning from the group and then hone in on you and your desires, work and goals specifically. Thus, no matter what stage you are in, the Living Your Best Life is specifically designed to meet everyone where they are and to support you in setting and meeting you specific goals.